

TREATMENT / DIAGNOSIS / PROBLEM:

GENERALIZED MUSCLE WEAKNESS.

HOMEBOUND REASON

- Needs assistance for all activities
 Severe SOB, SOB upon exertion
 Requires assistance to ambulate
 Confusion, unable to go out of home alone
 Unable to safely leave home unassisted
 Other:
 Dependent upon adaptive device(s)
 Medical restrictions
 Residual weakness

VITAL SIGNS

Temperature: N/A Oral Axillary Temporal Tympanic

Pulse: Apical Radial 87 Regular

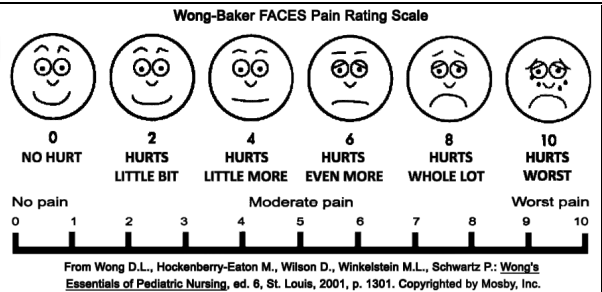
Respirations: 17 Regular At Rest

Blood Pressure: 122 / 72 Right Left

Weight: N/A
 PAIN: None Same Improved Worse

Location(s):
 Frequency: Constant Intermittent Occasional Intensity (0-10) 0

Relief Measures:



INTERVENTIONS

Facilitated ambulation with 4ww on even and ramp with rest breaks and DBEs. Addressed LE strengthening in sitting towards knee ext and hip fle x10 reps x 3 sets each with rest breaks of at least 2 mins. Instructed patient to elevate legs after PT treatment to decreased LE edema.

ASSESSMENT / PROGRESS TOWARDS GOALS

Patient tolerated all PT management given without adverse effects noted.

SAFETY ISSUES

- Obstructive pathways
 Home environment
 Stairs
 Unsteady gait
 Verbal cues required
 Equipment in poor condition
 Bathroom
 Impaired judgment/safety
 Other (specify)

SUPERVISORY VISIT (Complete if applicable)

Supervisory Visit: Scheduled Unscheduled PT Assistant Aide Present Not Present N/A

Observation of: _____

Teaching/Training of: _____

Patient/Family Feedback on Services/Care (specify): _____

Care Plan updated? No Yes, specify _____

SUMMARY

INSTRUCTIONS PROVIDED: Safety Exercise Other (describe): _____

DISCHARGE DISCUSSED WITH: Patient/Family Care Manager Physician Other (specify): _____

CARE COORDINATION: None Physician SN PT OT ST MSW PTA COTA Aide
 Case Manager Other (specify): _____

Approximate Next Visit Date:

06/11/18

PLAN FOR NEXT VISIT: Continue with patient plan of care

THERAPIST PRINTED NAME: Test Clinician

Patient Name: Test Patient

MR#: #000000000